



# Particulate matter-induced oxidative stress – Mechanistic insights and antioxidant approaches reported in in vitro studies

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## ABSTRACT

Inhaled particulate matter (PM) is a key factor in millions of yearly air pollution-related deaths worldwide. The oxidative potential of PM indicates its ability to promote an oxidative environment. Excessive reactive oxygen species (ROS) can cause cell damage via oxidative stress, leading to inflammation, endoplasmic reticulum stress, airway remodeling, and various cell death modes (apoptosis, ferroptosis, pyroptosis). ROS can also interact with macromolecules, inducing DNA damage and epigenetic modifications, disrupting homeostasis. These effects have been studied extensively in vitro and confirmed in vivo.

This review explores the oxidative potential of airborne particles and PM-induced ROS-mediated cellular damage observed in vitro, highlighting the link between oxidative stress, inflammation, and cell death modes described in the latest literature. The review also analyzes the effects of ROS on DNA damage, repair, carcinogenicity, and epigenetics. Additionally, the latest developments on the potential of antioxidants to prevent ROS's harmful effects are described, providing future perspectives on the topic.

## 1. Introduction

Air pollution has emerged as the predominant threat to human health among environmental hazards, with particulate matter (PM) playing a central role in driving these adverse effects. The World Health Organization (WHO) estimates that air pollution is accountable for a staggering 7 million premature deaths per year (World Health Organization, 2021). These deaths are linked to a range of conditions including ischemic heart disease, stroke, chronic obstructive pulmonary disease, and lung cancer. Additionally, air pollution has been identified as a risk factor for infectious diseases, with PM being the pollutant that exhibits

the strongest correlation with these health outcomes according to WHO. Awareness of the harmful effects of inhaling PM dates back decades, with historical events like the London fog incidents in 1952 underscoring the dangers (Logan, 1953). Since the 1990s, research has elucidated the role of reactive oxygen species (ROS) in driving these detrimental effects (Gilmour et al., 1996), by triggering oxidative stress. Oxidative stress is conventionally described as a situation of unbalance in the redox homeostasis towards the accumulation of oxidative species leading to cell damage. In recent times, the concept has been updated to accommodate the “time-course” (besides the concentration) component of the increase in the steady-state ROS levels, distinguishing transient

**Abbreviations:** ADSC-EVs, adipose mesenchymal stem cells-derived extracellular vesicles; AKT, protein kinase B; AMPK, 5' adenosine monophosphate-activated protein kinase; ARG2, arginase 2; BER, base excision repair; Circ, circular RNA; CS, cigarette smoke; CSE, cigarette smoke extract; DNMT, DNA methyltransferases; DTT, dithiothreitol; ECC-BYF, effective-component compatibility of Bufe Yishen formula; EMT, epithelial-mesenchymal transition; EPR, electron paramagnetic resonance; ER, endoplasmic reticulum; EZH2, enhancer of zeste 2 polycomb repressive complex 2 subunit; FGF10, Fibroblast growth factor 10; FOXO, forkhead box O; GSDMD, gasdermin D; GSH, reduced glutathione; H, histone; HBEC, human bronchial epithelial cells; IL, interleukin; LC3B-II, microtubule associated protein 1 light chain 3 beta-phosphatidyl ethanolamine conjugate; Lnc, long non-coding; LPO, lipid peroxide; MDA, malondialdehyde; MiR, microRNA; MLL, mixed-lineage leukemia 1; mRNA, messenger RNA; NAC, N-acetylcysteine; NER, nucleotide excision repair; NF-κB, nuclear factor kappa B; NHBE, normal human bronchial epithelial cells; NHEK, normal human epidermal keratinocytes; NLRP3, nucleotide-binding oligomerization domain-like receptor pyrin domain-containing 3; NOX, NADPH oxidase; Nrf2, nuclear factor erythroid 2-related factor 2; OGG1, 8-Oxoguanine glycosylase; OP, oxidative potential; PAHs, polycyclic aromatic hydrocarbons; PERK, protein kinase R-like endoplasmic reticulum kinase; PI3K, phosphatidylinositol 3-kinase; PM, particulate matter; PPAR, peroxisome proliferator-activated receptor; ROS, reactive oxygen species; SOD, superoxide dismutase; SRM, standard reference material; TET, ten-eleven translocation methylcytosine dioxygenases; TGF-β1, transforming growth factor beta 1; TNF-α, tumor necrosis factor alpha; UPR, unfolded protein response; WHO, world health organization.

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from chronic oxidative stress (Lushchak and Storey, 2021). Also, based on the magnitude of the increase in the steady-state ROS levels, the oxidative stress pioneer Helmut Sies recently hypothesized that a moderate oxidative challenge can actually be beneficial, a status termed oxidative eustress (where the Greek-derived prefix “eu” means “good”). However, when exacerbated and if not timely counteracted, the accumulated ROS can directly interact with the cell’s lipids, proteins, and even DNA, resulting in damage known as oxidative distress (Sies, 2017). Within the context of this review, the expression “oxidative stress” refers to any situation where ROS increases were detected together with signs of cell damage and, eventually, cell death.

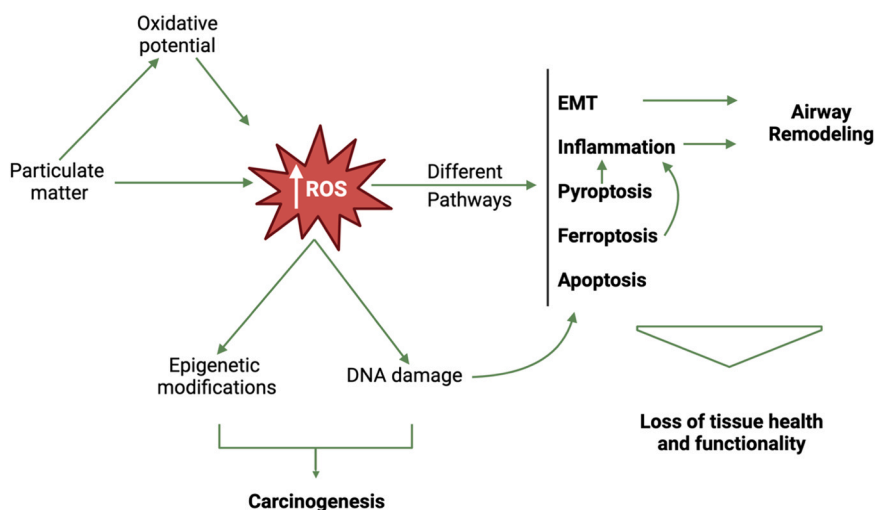
Oxidative stress in the lung seems to be exacerbated by not only involuntary exposure to air pollutants but also by natural sources, the utilization of nanoparticle-containing products, and habits such as smoking. While ROS are fundamental for cell homeostasis, regulation and defense, an unbalance between the cellular redox systems towards the accumulation of ROS may trigger a whole variety of pathways leading to molecular changes that can lead to different deleterious health effects (Fig. 1). This concept is further detailed in Sections 2 to 5.

Over time, two fundamental questions have come to the forefront of research: which specific characteristics of PM induce oxidative stress, and what are the primary health impacts related to oxidative stress? With regard to the former, a substantial body of data points to factors like metal content, polycyclic aromatic hydrocarbons (PAHs), surface properties, and particle size as key elements (Costabile et al., 2023; Oberdörster et al., 2005) (Table 1). Concerning the latter question, the focus has traditionally been on cardiovascular and respiratory effects (Cho et al., 2018). However, growing evidence is indicating links between inhaling PM and conditions such as neurodegenerative disorders (Calderón-Garcidueñas et al., 2023), heightened susceptibility to Sars-cov-2 infection (Marchetti et al., 2023), prenatal and neonatal complications (Janssen et al., 2017), and even fertility issues (Bongaerts et al., 2023) (Fig. 2). In the present review we will focus on three main areas: determining the oxidative potential (OP) of PM (Section 1), the oxidative effects and mechanisms triggered by PM (Section 2), and the genotoxic and epigenetic effects related to the oxidative stress triggered by PM (sections 3 to 5). The review is finalized with a section on antioxidants used to counteract PM-induced oxidative stress-derived adverse effects (Section 6) as well as the authors’ perspectives (Section 7) on the topic, with particular focus on the latest in vitro studies.

## 2. Oxidative potential of particulate matter

As highlighted earlier, the potential of PM to elicit effects through oxidative reactions has been acknowledged since the 1990s, and there is evidence that the OP of PM has a higher correlation with health effects, than their standard measurement in mass/m<sup>3</sup> (Weichenthal et al., 2016). Extensive efforts have been directed towards unraveling the precise mechanisms by which PM induces oxidative stress. The exploration of characteristics that initiate oxidative stress has been a subject of investigation for an extended period, with a focus on elements such as metal ions like Cu<sup>+</sup> and Fe<sup>2+</sup>, along with other chemical components capable of instigating Fenton-like reactions (Quintana et al., 2011; Quintana-Belmares et al., 2015; Shi et al., 2003). The overarching objective has been to develop a rapid, and ideally, real-time method for assessing whether PM can contribute to oxidative environments, consequently inducing oxidative stress. Recent years have witnessed some progress in this pursuit. A study comparing the most used acellular assays to detect OP in extracts of recovered PM<sub>10</sub> collected in Chamonix, France, showed that the dithiothreitol (DTT) assay has the highest correlation with OP comparatively to the ascorbic acid assay, to electron spin resonance (also known as electron paramagnetic resonance, or EPR), and to the respiratory tract lining fluid assay (Calas et al., 2018). The DTT assay evaluates reactions with ions such as Fe<sup>2+</sup>, Cu<sup>+</sup>, Mn<sup>3+</sup>, and other molecules such as quinones, following Fenton-like reactions, which in the presence of H<sub>2</sub>O<sub>2</sub> produce the highly reactive species superoxide (O<sub>2</sub><sup>•−</sup>) and hydroxyl radicals (•OH) (Jiang et al., 2019). Recently, real-time measuring instruments have been developed, which are capable of collecting PM<sub>2.5</sub> and, with a clever approach, mix the particles with a solution of DTT to generate and detect the oxidative species (Eiguren-Fernandez et al., 2017; Puthusseray et al., 2018). A limitation of the DTT assay is that some short life oxidative species may not be detected, and in this case, the use of electron spin resonance might be a better option (Jiang et al., 2019). Even though the study by Calas (Calas et al., 2018) may point out that DTT is the best method to do an assessment of OP, the DTT is very sensitive to light, so working with it on the field requires conditions excluding the interaction with light. This is very critical considering that the DTT method measures the extinction coefficient of DTT due to its oxidation.

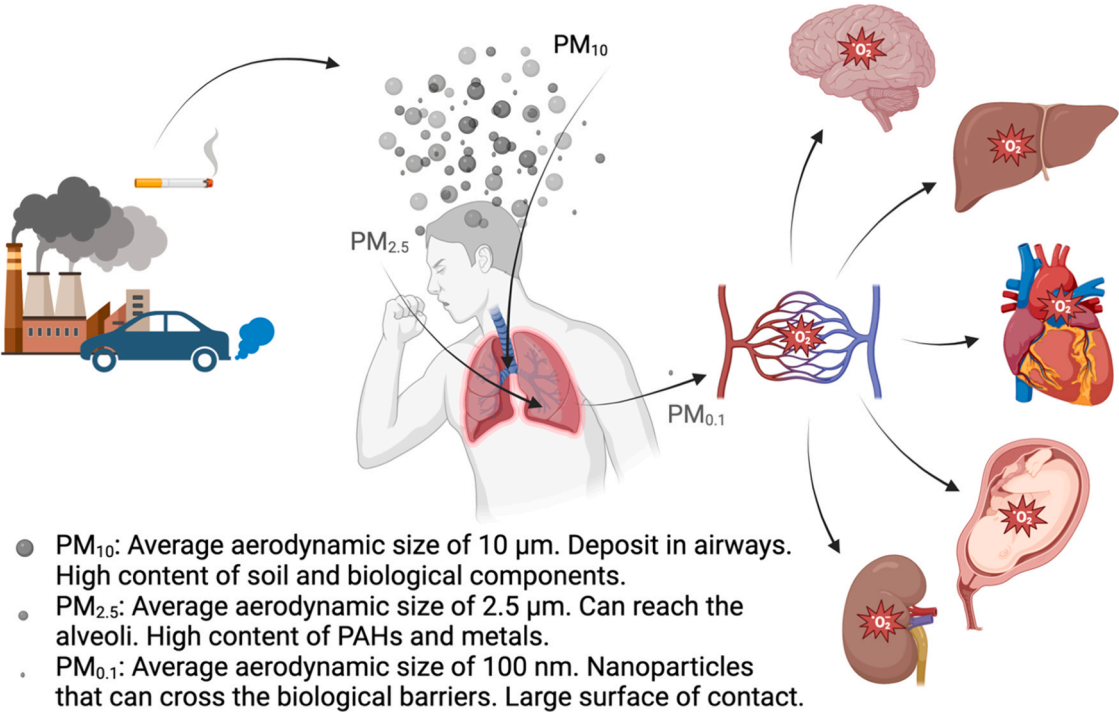
The transformation of ascorbic acid into dehydroascorbic acid due to oxidation has also been used to assess the OP of PM. Based on this concept, a method for real-time monitoring of OP in PM was recently developed, displaying notable sensitivity to the presence of certain



**Fig. 1.** Schematization of the main topics addressed in this review, showcasing the adverse outcomes related to the oxidative stress triggered by particulate matter. Consistently accumulated ROS are the step stone for direct DNA damage and epigenetic modifications, and the trigger of many different pathways leading to a variety of deleterious outcomes. Details related to the pathways are described more in depth in the different sections of this review. Created with BioRender.com. Abbreviations: EMT: epithelial-mesenchymal transition; ROS: reactive oxygen species.

**Table 1**  
Characteristics of inhaled particulate matter based on their average aerodynamic size.

PM size	Average aerodynamic size	Surface area per particle ( $\mu\text{m}^2$ )	Particles fitting in a 10 $\mu\text{m}$ diameter sphere	Equivalent area vs a 10 $\mu\text{m}$ diameter sphere ( $\mu\text{m}^2$ )	Main sources	Main components
PM <sub>10</sub>	10 $\mu\text{m}$	314	1	314	Soil, industry, traffic, construction	Soil products, salts and oxides, biological components (i.e. bacteria and fungi)
PM <sub>2.5</sub>	2.5 $\mu\text{m}$	19.63	64	1256	Fuel combustion, traffic (gasoline and diesel engines)	Black carbon particles, polycyclic aromatic hydrocarbons and other organic compounds
PM <sub>0.1</sub>	0.1 $\mu\text{m}$	0.0314	1 * 10 <sup>6</sup>	31400	Cigarette smoke, fuel combustion, waste incineration, wear off of materials containing nanoparticles	Carbon derived nanomaterials, metal derived nanomaterials



**Fig. 2.** Anthropogenic origins of airborne pollutants constitute the primary source of PM in the environment, inhalation being the main route of exposure. The inhalation of PM has an immediate effect on the airways and lung, and growing body of evidence indicates that inhaled PM sized under 100 nm can translocate and reach distant organs including the heart, brain, among others. Created with BioRender.com. Abbreviations: PM: particulate matter; PAHs: polycyclic aromatic hydrocarbons.

metals such as Cu<sup>2+</sup> and Fe<sup>2+</sup> (Campbell et al., 2019). A large study comparing the ascorbic acid, DTT, dichlorofluorescein and EPR methods, demonstrated that ascorbic acid method is the one that better correlates with the sources contributing to the complex mixture of PM (Campbell et al., 2021).

Another widely used method to assess the OP of PM involves the transformation of the non-fluorescent 2',7'-dichlorodihydrofluorescein into the fluorescent 2',7'-dichlorofluorescein (Crobbeddu et al., 2017). Drawing from this principle, researchers at Peking University devised a system to measure the OP of both gaseous and particulate air pollutants (Huang et al., 2016). The authors were able to identify seasonal variations in the OP, and interestingly, higher levels of OP were observed during winter, correlating with the use of larger amounts of coal and biomass fuel. A limitation of this approach is that the method depends on measurement of fluorescence and that it presents very low correlations when predicting the sources of PM (Campbell et al., 2021).

So far, the evidence indicates that the ascorbic acid and the DTT methods are the more reliable approaches to assess the OP in PM, and it would be a great step forward to create a guideline that could be coupled

with the PM<sub>2.5</sub> guideline (Goshua et al., 2022) to enhance the protection of the population.

**3. Mechanisms of PM-induced oxidative stress-related respiratory toxicity**

As previously mentioned, it is widely recognized that ambient PM can cause different health effects, including pulmonary, cardiovascular and neurological diseases as a consequence of triggering oxidative stress and inflammation (Fig. 2). In recent years, new mechanisms of PM-induced toxicity have been investigated and described, namely inflammation, DNA damage and genotoxicity, as well as different types of cell death, such as apoptosis, ferroptosis and pyroptosis. While apoptosis is a type of prograded cell death dependent on caspase 3 activation and not involving inflammatory responses (Elmore, 2007), both ferroptosis (Dixon et al., 2012) and pyroptosis (Fink and Cookson, 2005) involve pro-inflammatory responses and depend on iron and caspase-1 activation, respectively. Most of those new mechanisms of PM-induced toxicity seem to share a common trigger: PM-induced oxidative stress.

Due to the ethical constraints and species differences recognized for the *vivo* studies (Fröhlich, 2024), the focus of this review will be placed on the latest information collected from *in vitro* studies. All the recent *in vitro* studies reviewed in this section are identified and summarized in Table 2 and Table S1.

In all the studies, increased ROS levels were observed upon exposure to the tested PM (mostly PM<sub>2.5</sub>, cigarette smoke (CS) extracts (CSE) and organic/inorganic extracts of PM), which supports the role of oxidative stress as a major mediator of PM-induced toxicity. While low to moderate levels of ROS are an integral part of regular homeostasis and under the basal regulation of the antioxidant response element (ARE) enhancer sequence, high concentrations of ROS overload the cellular antioxidant defense mechanisms, such as reduced glutathione (GSH), glutathione peroxidase (GPx), superoxide dismutase (SOD) and catalase (CAT), and trigger a state of redox imbalance towards the oxidation (oxidative stress), which is often harmful for the cell (Ngo and Duenwald, 2022). In fact, these accumulated ROS can induce direct damage to DNA, proteins (protein carbonylation) or lipids (lipid peroxidation), and/or initiate a multifaceted, complex cascade of events such as inflammasome activation, nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) induction, nuclear factor erythroid 2-related factor 2 (Nrf2) regulation, endoplasmic reticulum (ER) stress and dysfunctional autophagy. In turn, these events lead to a multitude of toxic responses among which are exacerbated inflammation, epithelial-mesenchymal transition (EMT), airway remodeling, apoptosis, ferroptosis and pyroptosis. These ultimately limit tissue health and tissue functionality.

### 3.1. Nrf2: the master regulator of antioxidant response

The participation of the Nrf2 in the oxidative stress triggered by PM has been extensively reported in recent years (Badran et al., 2020; Bagam et al., 2021; Housseiny et al., 2020; Ito et al., 2020; Liu et al., 2022b; Qian et al., 2024; Saha et al., 2022; Shi et al., 2023; Shrestha et al., 2021; Son et al., 2020; Tian et al., 2021; Wang et al., 2022a, 2022b, 2022c; Xue et al., 2021b; Zhou et al., 2024). This is not surprising given the key role of Nrf2 in the protection against oxidative stimuli (Saha et al., 2020), acting as a sensor to protect the cells against oxidative damage induced by PM-generated ROS. In fact, activated Nrf2 directly regulates the expression of potent antioxidants, while suppressing the production of pro-oxidant enzymes such as NADPH oxidase (NOX) and xanthine oxidase (XO), in an attempt to restore the redox balance. Simultaneously, Nrf2 can negatively regulate NF-κB, this being one of the main mechanisms explored to control ROS-triggered inflammation (see Section 6). Though much less reported, a down-regulation of Nrf2 leading to increased ROS following PM-exposure has also been observed (Wang et al., 2022c).

### 3.2. Activation of the inflammatory response and its consequences

Inflammation is, by far, the most common effect reported together with oxidative stress (Table 2), underlying their interdependent character. In fact, there are many pathways by which ROS seem to trigger the production and release of inflammatory mediators. For example, PM-induced ROS has been shown to stimulate the assembly of the nucleotide-binding oligomerization domain-like receptor pyrin domain-containing 3 (NLRP3) inflammasome (Liu et al., 2022b; Mahalanobish et al., 2020; Ren et al., 2022; Shi et al., 2023; Tian et al., 2021; Wei et al., 2023; Zhang et al., 2021; Zhou et al., 2024), a multiprotein complex composed of the nucleotide-binding oligomerization domain-like receptor with a pyrin domain (NLRP), the apoptosis-associated speck-like protein (ASC) and caspase-1. The latter cleaves pro-interleukins 1 beta and 18 (pro-IL-1β, pro-IL-18) into their mature forms, and Gasdermin D (GSDMD) into an active N-terminal domain (GSDMD-N) that oligomerizes and forms membrane pores, allowing the release of IL-1β and IL-18 and other damage-associated molecular pattern (DAMP) molecules in a process known as pyroptosis. Being a lytic type of programmed

**Table 2**

Main oxidative stress-related effects triggered by particulate matter, reported in the latest *in vitro* lung studies (2020.01.01-2024.07.10). Studies are organized in alphabetical order of tested cell line.

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
A549	CSE, 3 and 6 %, 12 h, SUB	↑ LC3B-II, protein carbonylation, translocation of ADAR1 from nucleus to cytosol ↓ ADAR1 (but not mRNA, so it's post-transcriptional), CYP1A1, RNA editing levels of AhR, SOD act.	(Takizawa et al., 2020)
A549	CSE (commercial), 0.25 & 1 μg/mL, 24 h, SUB	↑ IL-6, IL-8, MCP-1, CCL5, CYBA, SOD, GPx, CAT, NOX, Nrf2, ATG5, ATG12, ATG16, beclin-1, LC3B-II/LC3B-I, autophagosome formation, FOXO1, nuclear FOXO3a↓ FOXO3a, mTOR No change in cell viability, ANXV <sup>+</sup> or Pi <sup>+</sup> cells (= no necrosis, no apoptosis)	(Bagam et al., 2021)
A549	PM <sub>10</sub> SRM1648a water-soluble fraction, 400 μg/mL, 24 h, SUB	↑ MDA, NO, MEK5, ERK5, p-ERK5, Nrf2, HO-1 ↓ cell viability, SOD act., CAT, GSH	(Xue et al., 2021b)
A549	PM SRM1648a, 25–200 μg/cm <sup>2</sup> (119–950 μg/mL), 24 h, SUB	↑ ROS, p-AMPKα, Sestrin2 (oxidative stress suppressor), IL-8, TNF-α, COX-2 ↓ cell viability, mitochondrial function	(So et al., 2022)
A549	PM SRM1649b Organic extractable fraction, 100 μg/mL, 24 h, SUB	↑ wound healing, cell migration, vimentin, fibronectin, ETS-1, p-p65 NF-κB↓ E-cadherin	(Chen et al., 2020)
A549	PM <sub>2.5</sub> (Water-soluble fraction in simulated lung fluid), 50–200 μg/mL, 24 h, SUB	↑ LDH, DNA damage, proline expression ↓ cell viability, TAC	(Barzgar et al., 2023)
A549	PM <sub>2.5</sub> (brake-derived) w/ ≠ Cu conc., 50–500 μg/mL, 48 h, SUB	↑ ROS, % apoptotic cells, MitoMP, IL-8, IL-1α, IL-6, TNF-α, HO-1 ↓ Cell viability, Bcl-2	(Figliuzzi et al., 2020)
A549	PM <sub>2.5</sub> Urban vs industrial, 80 μg/mL, 24 h, SUB	↑ ROS, TNF-α (non-pollution), IL-6 (industrial) ↓ Cell viability, NOQ1	(Pang et al., 2020)
A549	PM <sub>2.5</sub> , 80 μg/mL, 24 h, SUB	↑ ROS, IL-6, TNF-α, LDH ↓ Cell viability (significant but not relevant)	(Li et al., 2022)
A549	PM <sub>2.5</sub> , 10 μg/cm <sup>2</sup> , 48 h, SUB	↑ ROS, mitoROS, IL-6, IL-18, IL-1β, CXCL8, caspase1, mitochondrial fragmentation, DRP1, p-DRP1, MFF (mitochondrial fission), PINK1, SQSTM1/P62 (mitophagy), MLKL, RIPK1, RIPK3	(Liu et al., 2023)

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Table 2 (continued)

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
A549	PM <sub>2.5</sub> components: water soluble vs water insoluble, 80µg/mL, 24 or 48 h, SUB	(necroptosis) ↓ cell proliferation, basal and maximal respiration, ATP production, spare respiratory capacity, MitoMP, MFN2, OPA1 (mitochondrial fusion), PARK2 ↑ ROS, IL-6, TNF-α (positive correlation between ROS levels and Ni, Mn, Cr, Fe levels in the samples) ↓ cell viability	(Wei et al., 2024)
A549+HUVEC on chip	PM <sub>2.5</sub> , 100µg/mL, 24 h, SUB	↑ ROS, IL-1α, IL-1β, IL-6, INF-α, % apoptotic cells, BIP, PERK, p-eIF2α, CHOP, caspase-3	(Guan et al., 2021)
A549+HUVEC	PM <sub>2.5</sub> , 100µg/mL, 24 h, SUB	↑ MDA, NLRP3, caspase1, GSDMD, IL-1β, IL-18, LDH, cell death ↓ cell viability, SOD act, ZO-1, occluding, claudin-5	(Wei et al., 2023)
A549, SD-1	PM <sub>2.5</sub> , 100µg/mL, 12 h, SUB	↑ ROS, Ca <sup>2+</sup> , IL-1β, IL-6, TNF-α, NLRP3, caspase-1, TRPM2	(Wang et al., 2020)
A549, RAW 264.7	PM, 50µg/mL, 24 h, SUB	↑ ROS, NO, O <sub>2</sub> ·, IL-6, TNF-α, cells in G2/M, % apoptotic cells ↓ viability	(Guerra e Oliveira et al., 2022)
A549+diff THP-1	Cow stable dust, 25–100µg/mL, 18 h, SUB	↑ ROS, IL-6, TNF-α, cells in G1/G0 ↓ metabolic act, cell in S-G2/M	(Martikainen et al., 2021)
A549, BEAS-2B	CSE, 3 (A549) 1.38 % (BEAS-2B), 48 h, SUB	↑ p-NF-κB/NF-κB, vimentin, N-cadherin, α-SMA ↓ Cell viability, Nrf2, SIRT1, p-β-catenin/β-catenin, E-cadherin	(Saha et al., 2022)
BEAS-2B	3≠ functionalized carbon black vs carbon black (PM <sub>2.5</sub> ), 1.56–25µg/mL, 24 h, SUB	↑ IL-1β, IL-6, protein carbonylation ↓ Cell viability, SOD2, Nrf2	(Housseiny et al., 2020)
BEAS-2B	CSE, 8 %, 24 h, SUB	↑ ROS, MDA, ERK p-p38 MAPK, IL-6, TNF-α, MMP-9, mitochondrial fission factor ↓ SOD and GPx act, OPA1	(Yang et al., 2021)
BEAS-2B	CSE, 5 %, 24 h, SUB	↑ ROS, apoptotic cells, Bax, cleaved caspase-3/ caspase-3, cleaved PARP/ PARP, MDA, TNFα, IL-6, IL-1β ↓ cell viability, Bcl-2, SOD, GSH-Px, ANXA1, FRP2, pAMPK/AMPK	(Yu and Zhang, 2022)
BEAS-2B	CSE, 5 %, 24 h, SUB	↑ ROS, MDA, Nrf2, HO-1, NQO1, TRIM25, caspase-1, LDH, NLRP3, GSDMD-N, IL-1β, IL-18 ↓ cell viability, SOD-1, SOD-2, SOD-3, Keap-1	(Tian et al., 2021)

Table 2 (continued)

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
BEAS-2B	CSE (1 %, 7days) & PM <sub>10</sub> (SRM 1648 100µg/mL, 24 h) alone vs combined, SUB	↑ ROS (combined exposure), LDH (not CSE), MDA, IL-6, IL-8, p-ERK, p-JNK, Nrf2, IL-1β, IL-6, IL-8, TNF-α, MCP-1, CXCL-1, HO-1, NQO1 ↓ Cell viability (not CSE), GSH, TXN	(Son et al., 2020)
BEAS-2B	PM SRM1649b, 200 µg/mL, 24 h, SUB	↑ ROS, IL-6, IL-8, p-IκBα/IκBα, p-p65/p65 NF-κβ, Nrf2, HO-1, NQO1 ↓ Keap1	(Wang et al., 2022b)
BEAS-2B	PM SRM1649b, 200µg/mL, 24 h, SUB	↑ ROS, Pi+ cells, NLRP3, ASC, GSDMD-N/GSDMD, cleaved caspase-1/ caspase-1 act., LDH release, mature IL-1β/IL-1β, mature IL-18/IL-18, Nrf2 (total + nuclear), NQO1, HO-1, p-Akt/ Akt ↓ cell viability	(Liu et al., 2022b)
BEAS-2B	PM <sub>2.5</sub> (SRM2786), 20 µg/cm <sup>2</sup> , 36 h, SUB	↑ Lipid ROS, ROS, MitoMP, Mitochondrial ROS, NADP+ /NADPH, COX-2, MDA, IL-6, IL-8, TNF-α, Fe <sup>2+</sup> , LC3B-II, NCOA4, FTH1 ↓ cell viability, GPX4, GSH, GPx, Nrf2, PPAR-γ	(Wang et al., 2022c)
BEAS-2B	PM <sub>2.5</sub> (China) soluble extract, 300 µg/mL (~94 µg/cm <sup>2</sup> ), up to 24 h, SUB	↑ ROS, IL-1β, IL-6, IL-8, GM-CSF, cleaved PARP, cleaved caspase-3, Bax, % apoptotic cells, COX-2, p-p65 NF-κβ, p-ERK, p-p38 MAPK/ ERK, p-JNK ↓ cell viability, ZO-1, E-cadherin, Bcl-2, GSH act, p-mTOR	(Zhao et al., 2020)
BEAS-2B	PM <sub>2.5</sub> , 25–200µg/mL, 24 h, SUB	↑ Nrf2, NF-κB, IL-1, IL-6, IL-8, α-SMA ↓ Cell viability (lower in direct exp), E-cadherin	(Wang et al., 2022d)
BEAS-2B	PM <sub>2.5-0.3</sub> vs organic extractable & non-extractable fractions, 12µgEq. PM/cm <sup>2</sup> , 6–48 h, SUB	↑ ROS, Nrf2, Nrf2 binding act, Keap-1, NQO1, HO, SOD, GSSG/GSH, DNA damage protein carbonylation, 8-iso-prostane, TNF-α, IL-6, IL-8, MCP-1, caspase 3/7, caspase 8, caspase 9 ↓ cell viability, ATG5, Beclin, LC3B-II	(Badran et al., 2020)
BEAS-2B	SRM1649 Urban Dust, 200µg/mL, 24 h, SUB	↑ ROS, TUNNEL+ cells, NLRP3, GSDMD-N/GSDMD, ASC, cleaved-caspase 1/ pro-caspase 1, IL-18, IL-1β, Nrf2 (total and nuclear), NQO1	(Zhou et al., 2024)
BEAS-2B, WL-38, primary rat	PM <sub>2.5</sub> , 70µg/mL, 24 h SUB	BEAS-2B: ↑ ROS, apoptosis rate, collagen I/III, α-SMA, TGF-β1, p-Smad2 ↓	(Liu et al., 2022a)

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Table 2 (continued)

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
alveolar macrophages		cell viability WL-38: ↑ ROS, apoptosis rate, collagen I/III, α-SMA, TGF-β1, p-Smad2 ↓ cell viability Alveolar macrophages: ↑ ROS, apoptosis rate, M2 phenotype, mTORC1, TIPE2 ↓ cell viability, M1 phenotype	(Li et al., 2021)
BEAS-2B, primary mouse tracheal epithelial cells	PM <sub>2.5</sub> , 100μg/mL, 24 h, SUB	↑ ROS, MDA, miR-155 ↓ SOD, GPx, FOXO3a, SOD2, CAT	
BEAS-2B, primary human small airway epithelial cells	Polycarbonate (PC) vs polyurethane (PU) incinerated thermoplastics & derivatives w/ 3 % carbon nanotubes (CNT), 0.6 or 1.2μg/cm <sup>2</sup> , 48 h, ND	↑ ROS (only for PC-CNT and results in DNA damage), LDH, CYP1 act, cells in G2 ↓ viability, cells in G1, MitoMP	(Coyle et al., 2020)
BEAS-2B, NHBE cells	Poultry organic dust extract, 0.25 %, up to 24 h, SUB	↑ ROS, mitoROS, pro-IL-1β, IL-8, IL-6, PTGS2, ICAM-1, p-p65 NF-κβ, p-STAT-3 ↓ p47phox (indicates NOX2 activation)	(Meganathan et al., 2022)
BEAS-2B, THP-1	Organic dust extract, 5 %, 24 h, SUB	BEAS-2B: ↑ ROS, RNS, Nrf2, IL-1β, IL-6, IL-8, IL-10 THP-1: ↑ ROS, RNS, iNOS, Nrf2, Tlr2, Tlr4, IL-6, IL-8, NF-κB	(Shrestha et al., 2021)
16-HBE	CSE, 5 %, 24 h, SUB	↑ ROS, LDH, IL-1β, IL-18, Pi <sup>+</sup> cells, caspase-1 act, NLRP3 ↓ GSDMD	(Zhang et al., 2021)
16-HBE	PM <sub>2.5</sub> (China); 67.5, 116.9, 202.5μg/mL; 4 & 24 h, SUB	↑ ROS, LDH, MDA, HO-1, DNA damage ↓ Cell viability, GSH	(Niu et al., 2020)
16-HBE, human nasal epithelial cells (diff) from male and female donors	Plastic incineration emissions, 5-50μg/cm <sup>2</sup> , 4 h, SUB	↑ GSSG/GSH, IL-8, TNF-α, IL-6, IL-1β, CYP1A1, CYP1B1, ALD1A3, ALD3A1, HO-1 ↓ ATP production, basal respiration Incineration T has an impact in the biological response, with flaming (640°C) causing greater oxidative effects than smoldering (500°C)	(Rogers et al., 2024)
16-HBE14o-, NuLi-1	SRM2585 (Organic extract of house dust), 0.2μg/mL, SUB	↑ ROS, mitochondrial dysfunction ↓ TEER	(Marques dos Santos et al., 2022)
HBECs	PM SRM1649b, 300 μg/mL, 24 h, SUB	↑ ROS, IL-6, IL-1α, IL-1β, COX-2, p-p65/p65 NF-κβ ↓ MitoMP	(Zeng et al., 2022)
HBECs	PM SRM1649b, 200μg/mL, 24 h, SUB	↑ ROS, ATF4, BIP/GRP78, CHOP, ATF6, cleaved caspase-3, NLRP3, a, GSDMD-N, IL-1β, caspase-1, IL-18, IL-6, IL-8,	(Shi et al., 2023)

Table 2 (continued)

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
HBECs	CSE, 2 %, 48 h, SUB	apoptotic and necrotic cells, Nrf2 (total and nuclear), HO-1, NQO1. ↑ ROS, apoptosis rate, IL-8, IL-6, TNF-α, cleaved caspase-3, p-NF-κB, Keap-1, BIP/GRP78, p-PERK, p-IRE1α, ATF6, ATF4, CHOP, NOX1, NOX2, NOX4, XO, Keap-1 ↓ Cell viability, HO-1, NQO-1, SOD, GCLM, Nrf-2	(Wang et al., 2022a)
HBECs	PM SRM1649b, up to 400μg/mL, 24 h, SUB	↑ ROS, mitoROS, MDA, Nrf2 (total and nuclear), NQO1, HO-1, Fe, Fe <sup>2+</sup> , IL-6, IL-8 ↓ cell viability, SLC7A11, GPX4, SOD, GSH	(Qian et al., 2024)
HBSM	CSE, 2.5 % 24 h, SUB	↑ proliferation rate, BrdU incorporation (into newly synthesized DNA of actively proliferating cells), cyclin D1, α-SMA, p-SMAD2, p-SMAD3, TGF-β1 ↓ PPAR-γ	(Pan et al., 2021)
J774A.1	CSE, 0.5 %, 24 h, SUB	↑ ROS, NO ↓ Cell viability	(da Silva Araújo et al., 2020)
L-132	CSE, 10 %, 24 h, SUB	↑ TXNIP, NLRP3, mitoROS, LDH release ↓ cell viability, mitophagy (mitochondria clearance)	(Mahalanobish et al., 2020)
MH-S	CSE, 3 %, 1 h, SUB	↑ ROS, EVs conc, vesicular (not intracellular) SOCS3 ↓ 20 S proteasome act.	(Haggadone et al., 2020)
MLE-12	PM <sub>2.5</sub> , 100μg/mL, 24 h, SUB	↑ α-SMA, Txnip, p-mTOR ↓ cell viability, E-cadherin, Txnrd1	(Zhongyin et al., 2022)
NCI-H292	CSE, 10 %, 48 h, SUB	↑ IL-8, TNF-α, MMP-9, STAT3, JAK1, JAK2 ↓ SOD, TIMP-1, PPAR	(Haoran et al., 2020)
NCI-H292, HPAEC	PM <sub>2.5</sub> , 10μg/cm <sup>2</sup> , up to 24 h, SUB	↑ ROS (sub-urban), HO-1, SOD-2, IL-8 in both cell types but higher in endothelial	(Crobeddu et al., 2020)
NCI-H460	PM <sub>10</sub> , 400μg/mL, 12 h, SUB	↑ ROS ↓ cell viability	(Lee et al., 2022a)
Normal human bronchial epithelial cells	CS diluted in clean air, 0.5-4 L/min, 40' / day * 3x/week * 4weeks followed by a 20 day-recovery phase (RP), aerosol	↑ HO-1 (back to basal after RP), IL-1β, IL-1 receptor antagonist, IL-6, IL-8, G-CSF, RANTES, CK6, involucrin, TEER, PPARγ ↓ GSH/GSSG (acute exposure), IL-7, MCP-1, MMP-1, MMP-2, MMP-3, MMP-7, MMP-10, MMP-13, MUC5AC, MUC5B, CCSP, ciliated cells, goblet cells, number of	(Xiong et al., 2021)

(continued on next page)

Table 2 (continued)

Cells/ cell line	Type of PM, conc., time of exposure, condition	Main oxidative stress-related effects	Reference
Normal human bronchial epithelial cells	Red signaling smoke particles, 6.25–50 µg/cm <sup>2</sup> , 1–24 h, acute vs repeated exposure (4 × 12.5 µg/cm <sup>2</sup> ), SUB	cilia, cilia length, cilia beating frequency, Acute exposure: ↑ ROS, total glutathione, SOD–1, HO–1, SOD–2, NQO1, IL–8 Repeated exposure: ↑ NQO1 ↓ permeability	(de Lagarde et al., 2024)
Primary human bronchial epithelial cells	DEP alone (12.5 µg/cm <sup>2</sup> , 3' / day x3days) vs single combined exposure w/ NO <sub>2</sub> (0.1 ppm) and w/ SO <sub>2</sub> (0.2 ppm), aerosol	Alone: ↑ IL–6, IL–8, TNF-α, GSTA1, HO, SOD3 ↓ IL–8, MMP–9 Combined: ↑ TNF-α, GSTA1, SOD3, MMP–9	(Upadhyay et al., 2022)
Primary human CCR6 <sup>+</sup> Th17 cells	CSE, 5 %, 48 h, SUB	↑ ROS, SA-β gal <sup>+</sup> cells, p16 <sup>INK4a</sup> + cells, VEGFα, p-ERK <sup>+</sup> cells, HO–1, NQO1	(Baskara et al., 2020)
Primary rat alveolar epithelial cells	CSE (Heat-not-burn), 20 % vs CSE (conventional), 10 %, up to 24 h, SUB	↑ Nrf2, HO–1, GSTA1, GSTA3, NQO1	(Ito et al., 2020)
Rat AII cells, NR8383	PM <sub>2.5</sub> , 50 µg/mL, 24 h, SUB	↑ ROS, IL–6, TNF-α, apoptosis or necrosis Data related to immunomodulation is normalized to PM <sub>2.5</sub> making it not possible to understand the effects of PM <sub>2.5</sub> relative to control.	(Gao et al., 2021)
RAW 264.7	PMET720 (common stainless-steel wire) aerosols collected @50 or 60 psi, up to 200 µg/mL, 24 h, SUB vs. GMA-SS, MMA-SS welding particles	PMET720(60) @200 µg/mL: ↑ LDH, NF-κB (>3.12 ug/mL) ↓ Cell viability PMET720(50&60) @100 µg/mL: ↑ ROS, NF-κB (>3.12 ug/mL)	(Kodali et al., 2022)
RAW 264.7	PM <sub>2.5</sub> , 400 µg/mL, 24 h, SUB	↑ ROS, MDA, NLRP3, NF-κB, Bax, apoptotic rate, caspase–1, caspase–3, GSDMD, IL–1β, %cells in G2 ↓ Bcl–2, SOD act., % cells in G1	(Ren et al., 2022)
RAW 264.7	PM (China) urban aerosol, 30 µg/cm <sup>2</sup> , 24 h, SUB	↑ ROS, TNF-α IL–1β, IL–6, MIP–2	(Tanaka et al., 2022)
diff U937 (as alveolar macrophages), HMC3 (microglia)	DPM SRM2975, 25 µg/mL, 24 h, SUB Conditioned serum, 48 h, SUB	U937: ↑ ROS, H2O2, MCP–1, IL–1β, IL–6, IL–8, TNF-αHMC3: ↑ ROS, H2O2, IL–6, IL–8, IL–1β, TNF-α, CD–14 activation	(Pradhan et al., 2023)

A more comprehensive version of this table can be found as [supplementary material](#), including information on tested antioxidant treatments and whether the results have been verified in vivo, as well.

Abbreviations in the table: Act: activity; ADAR: adenosine deaminase acting on RNA; AhR: aryl hydrocarbon receptor; α-SMA: alpha smooth muscle actin; AKT: protein kinase B; ALD: aldehyde dehydrogenase; ANX: annexin; AMPK: 5' adenosine monophosphate-activated protein kinase; ASC: Apoptosis-associated speck-like protein containing a caspase recruitment domain; ATF: activating

transcription factor; ATG: autophagy-related; ATP: adenosine triphosphate; BAX: Bcl-2-associated protein X; Bcl: B-cell lymphoma; BrdU: bromodeoxyuridine; CAT: catalase; CCL: CC chemokine ligand; CCR6<sup>+</sup>: CC chemokine receptor; CCSP: club-cell secretory protein; CD: cluster of differentiation; CHOP: CCAAT/enhancer-binding protein homologous protein; CK: keratin; COX: cyclooxygenase; CS: cigarette smoke; CSE: cigarette smoke extract; CXCL: CX chemokine ligand; CYBA: Cytochrome b-245 light chain; CYP: cytochrome P450; DEP: diesel exhaust particles; diff: differentiated; DPM: diesel particulate matter; DRP: dystrophin-related protein; eIF: eukaryotic initiation factor; ERK: extracellular signal-regulated kinase; ETS: E26 transformation-specific sequence; EV: extracellular vesicle; FOXO: forkhead box protein class O; FRP: N-formyl peptide receptor; FTH: ferritin heavy chain; GCLM: glutamate-cysteine ligase regulatory subunit; GM-CSF: granulocyte-macrophage colony-stimulating factor; GPx: glutathione peroxidase; GPX4: phospholipid hydroperoxide glutathione peroxidase; GRP78: 78 kDa glucose-regulated protein; G-CSF: granulocyte colony-stimulating factor; GMA-SS: gas metal arc- stainless steel; GSDMD: gasdermin D; GSH: reduced glutathione; GSSG: oxidized glutathione; GST: glutathione S-transferase; HBEC: human bronchial epithelial cells; HO: heme oxygenase; IC: inhibitory concentration; ICAM: intracellular adhesion molecule; IκB: nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor; IL: interleukin; iNOS: inducible nitric oxide synthase; IRE: inositol-requiring enzyme; JAK: Janus kinase; JNK: c-Jun N-terminal kinases; Keap: Kelch-like ECH-associated protein; LC3B: microtubule-associated proteins 1 light chain 3 beta; LDH: lactate dehydrogenase; MAPK: mitogen-activated protein kinase; MCP: monocyte chemoattractant protein; MDA: malondialdehyde; MEK: mitogen-activated protein kinase kinase; MFF: Mitochondria fission factor; MFN: mitofusin; MIP: macrophage inflammatory protein; miR: microRNA; mito: mitochondrial; MitoMP: mitochondrial membrane potential; MLKL: Mixed-lineage kinase domain-like protein; MMA-SS: manual metal arc stainless steel; MMP: matrix metalloproteinase; mTOR: mammalian target of rapamycin; MUC: mucin; NCOA: selective cargo receptor nuclear receptor coactivator; ND: not disclosed; NF-κB: nuclear factor kappa B; NLRP3: nucleotide-binding oligomerization domain-like receptor pyrin domain-containing 3; NO: nitric oxide; NOX: NADPH oxidase; NQO1: NAD(P)H dehydrogenase (quinone); Nrf2: nuclear factor erythroid 2-related factor 2; OPA: dynamin-like 120 kDa protein, mitochondrial; p: phosphorylated; p47-phox: Neutrophil cytosol factor 1; PARK: Parkinson Disease protein; PARP: poly [ADP-ribose] polymerase; PERK: protein kinase R-like endoplasmic reticulum kinase; Pi: propidium iodide; PINK: Phosphatase and tensin homolog induced putative kinase; PM: particulate matter; PMET: common consumable stainless-steel wire; PPAR: peroxisome proliferator-activated receptor; PTGS: prostaglandin-endoperoxide synthase; RIPK: Receptor-interacting protein kinase; ROS: reactive oxygen species; SA-βgal: senescence-associated β galactosidase; SIRT: sirtuin; SLC: solute carrier family; Smad: mothers against decapentaplegic homolog; SOCS: suppressor of cytokine signaling; SOD: superoxide dismutase; SQSTM: sequestosome; SRM: standard reference material; STAT: signal transducer and activator of transcription; SUB: submerged; TAC: total antioxidant capacity; TEER: transepithelial electrical resistance; TGF: transforming growth factor; Th17: T-helper lymphocyte; TIMP: tissue inhibitor metalloproteinase; TIPE: TNF alpha induced protein 8 like; TNF: tumor necrosis factor; TRIM: tripartite motif-containing protein; Tlr: toll-like receptor; TRPM: transient receptor potential cation channel, subfamily M; TXN: thioredoxin; TXNIP: thioredoxin-interacting protein; TXNRD1: thioredoxin reductase; VEGF: vascular endothelial growth factor; XO: xanthine oxidase; ZO-1: zonula occludens 1.

cell death that culminates with the release of inflammatory mediators, pyroptosis is characterized by a highly inflammatory profile that has been associated with PM-induced toxicity in several recent works (Liu et al., 2022b; Ren et al., 2022; Shi et al., 2023; Tian et al., 2021; Wei et al., 2023; Zhou et al., 2024). Occasionally, PM-induced ROS-mediated NLRP3 inflammasome activation that leads to pyroptosis may also involve ER stress (Shi et al., 2023). This is because elevated ROS levels cause the accumulation of unfolded or misfolded proteins in the ER triggering the unfolded protein response (UPR), which aims at degrading the misfolded proteins, halting protein translation and stimulating the production of protein chaperones, such as the binding immunoglobulin protein (BIP/GRP78) (Cui et al., 2022). The UPR process is regulated by ER stress sensor-proteins, namely protein kinase R-like ER kinase (PERK), inositol-requiring protein 1α (IRE1α) and activating factor 6 (ATF6), which have been found overexpressed following

PM-exposure (Guan et al., 2021; Shi et al., 2023; Wang et al., 2022a). In case of continuous PM-induced ROS production and failure of UPR to correct the accumulation of misfolded proteins, ER stress is installed, often leading to apoptosis (Guan et al., 2021; Shi et al., 2023; Wang et al., 2022a). Even though we did not find any report of clear necrosis in our recent literature search, it has been previously reported that high PM<sub>2.5</sub> concentrations could lead to autophagy-mediated necrosis (Zhou et al., 2017).

The NF- $\kappa$ B is a master regulator of inflammation and immune homeostasis with additional intricate roles in cell survival, proliferation and differentiation (Liu et al., 2017). NF- $\kappa$ B regulates the transcription of inflammatory mediators such as cytokines (IL-6 and tumor necrosis factor  $\alpha$ , TNF- $\alpha$ ), chemokines (IL-8 and monocyte chemoattractant protein 1, MCP-1) and key enzymes (e.g. cyclooxygenase-2, COX-2), which trigger the onset of the inflammatory process (Millar et al., 2022). While increased expression and activation of NF- $\kappa$ B has been widely reported as a consequence of PM-exposure (Chen et al., 2020; Kodali et al., 2022; Meganathan et al., 2022; Ren et al., 2022; Shrestha et al., 2021; Wang et al., 2022a, 2022d) only a few works have proven its derivation from increased ROS, as compounds with antioxidant activity could reverse such effect (Meganathan et al., 2022; Ren et al., 2022; Wang et al., 2022a). Along with its pivotal role in inflammation, NF- $\kappa$ B has shown to promote tissue repair and airway remodeling via EMT, an underlying process in many fibrotic lung diseases and cancer (Rout-Pitt et al., 2018). EMT is identified by a decrease in epithelial markers of tight junctions, such E-cadherin, and an increase in mesenchymal markers such as alpha smooth muscle actin ( $\alpha$ -SMA) and vimentin. Several recent studies have reported changes in these markers following PM-exposure (Chen et al., 2020; Liu et al., 2022a; Pan et al., 2021; Saha et al., 2022; Wang et al., 2022d; Zhongyin et al., 2022), but only one clearly demonstrated the cascade of events, from ROS generation to NF- $\kappa$ B activation to EMT induction, using antioxidants and an NF- $\kappa$ B inhibitor (Chen et al., 2020). The transforming growth factor beta 1 (TGF- $\beta$ 1) is yet another important player in EMT-mediated airway remodeling induced by PM exposure. In fact, core PM<sub>2.5</sub> particles and certain components, such as PAHs, as well as the PM<sub>2.5</sub>-generated ROS, are known to activate the TGF- $\beta$ 1/ mothers against decapentaplegic homolog (Smad) 2/3 canonical pathway (Liu et al., 2022a; Xu et al., 2019). This also holds true for exposures to CSE, in which a down-regulation of the peroxisome proliferator-activated receptor gamma (PPAR- $\gamma$ ) upstream of TGF- $\beta$ 1 has been implicated in the process (Pan et al., 2021). Interestingly, indirect exposure of epithelial cells to medium conditioned by PM<sub>2.5</sub>-exposed macrophages intensified the inflammatory response and EMT induction comparatively to direct exposure (Wang et al., 2022d).

### 3.3. Other relevant mechanisms triggered by PM-induced oxidative stress

Less studied, but nonetheless relevant, processes associated with PM-induced ROS generation are autophagy (Bagam et al., 2021; Takizawa et al., 2020; Wang et al., 2022c) and ferroptosis (Qian et al., 2024; Wang et al., 2022c). While these are often protective mechanisms, they may be exacerbated upon overwhelmingly high ROS levels that lead to the accumulation of oxidized lipids (Liu et al., 2020a). The autophagic process relies on the formation of autophagosomes and their fusion with lysosomes in a well-orchestrated, complex operation involving a multitude of autophagy-related genes (ATG) and other proteins, where microtubule-associated protein 1 light chain 3 beta (LC3B)-phosphatidyl ethanolamine conjugate (LC3B-II) plays a central role (Liu et al., 2020b). Therefore, the increased levels of LC3B-II measured in BEAS-2B and A549 cells following exposure to CSE or PM<sub>2.5</sub> are suggestive of autophagy induction (Bagam et al., 2021; Takizawa et al., 2020; Wang et al., 2022c). Autophagy can selectively target defective organelles to stimulate their destruction and prevent their accumulation. PM<sub>2.5</sub> have been reported to increase mitochondrial fission and decrease mitochondrial fusion in lung epithelial cells (Liu et al., 2023), resulting in the

accumulation of fragmented mitochondria. Mitophagy, the selective autophagy of damaged mitochondria, was found induced in these cells, as evidenced by elevated sequestosome-1 (SQSTM1/p-62) levels. Another specific type of autophagy that has been found induced by PM<sub>2.5</sub> in bronchial epithelial cells (Wang et al., 2022c) is ferritinophagy, the mechanism by which cells balance their ferritin levels by degrading it to generate iron. When ferritinophagy becomes dysfunctional, the subsequent iron overload further feeds the intracellular ROS pool via Fenton reaction and increases the activity of iron-containing enzymes, such as lipoxygenases (LOX) that positively contribute to the pool of oxidized lipids, including lipid peroxide (LPO). Ferritinophagy creates the perfect conditions for the onset of ferroptosis, described as an iron-dependent regulated cell death mode caused by excessive intracellular LPO accumulation. The massive release of oxidized lipid mediators following ferroptosis results in a pro-inflammatory environment, closing the loop to inflammation and airway remodeling. The work by Wang et al. provides a rare demonstration of the crosstalk between these different mechanisms of toxicity, confirming that PM<sub>2.5</sub>-induced ROS can dysregulate autophagy, namely inducing ferritinophagy, leading to ferroptosis and inflammation (Wang et al., 2022c). Besides the direct or indirect damage to cell lipids and DNA (Section 4), PM-induced ROS has also been reported to induce oxidative damage to proteins, resulting in protein carbonylation (Badran et al., 2020; Housseiny et al., 2020; Takizawa et al., 2020).

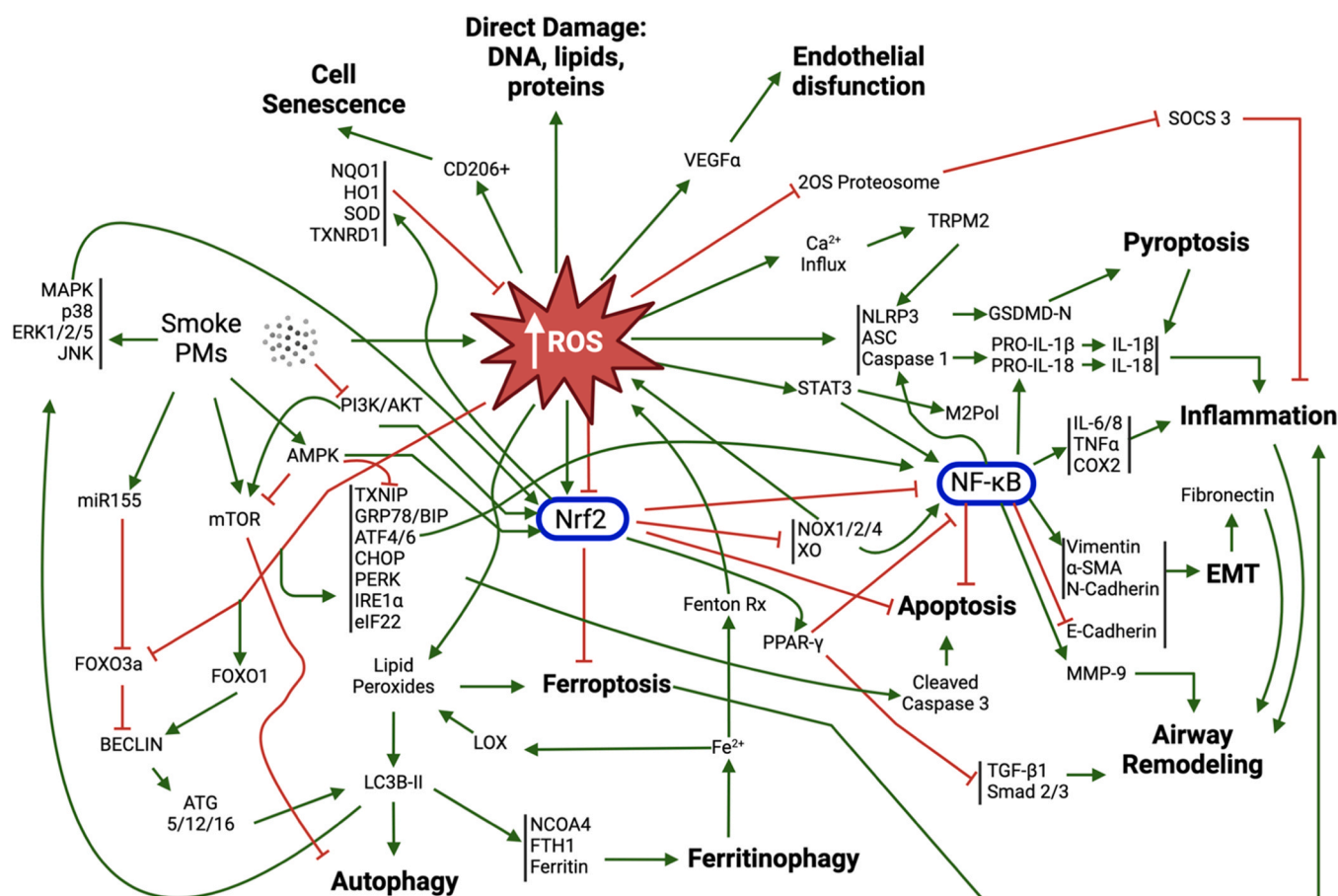
Because PM can translocate from the small airways into the bloodstream (Oberdörster et al., 2005), systemic effects of PM have been reported (Thangavel et al., 2022). Noteworthy, ROS-induced immune cell senescence following CS exposure has been reported in vitro (Baskara et al., 2020), and endothelial cells became dysfunctional when exposed to plasma from study participants that had been exposed to high PM<sub>2.5</sub> levels and had increased levels of IL-18 in their plasma (Prunicki et al., 2020). Altogether, these findings highlight the importance of cell communication and the need to consider indirect exposures more often in in vitro studies.

This section provides but a summary of the possible paths and outcomes that PM-induced oxidative stress can lead to in vitro, which are summarily schematized in Fig. 3.

## 4. Oxidative stress and DNA damage-repair

In this and the following Sections (4 and 5), we will focus on investigating the impact of inhaled particulate matter on DNA damage, carcinogenicity, and epigenetic changes, as illustrated in Fig. 4. Once more, our emphasis was exclusively on human in vitro systems, excluding epidemiological studies and in vivo investigations.

When it comes to exposure to PM, the significance of oxidative DNA damage and DNA adducts caused by PAHs cannot be overstated. Various forms of DNA damage, including modifications to the DNA base, the formation of substantial DNA adducts, and the occurrence of single and double strand breaks, have been identified in both epidemiological and toxicological studies involving PM. The repair of oxidative DNA damage is primarily facilitated by the base excision repair (BER) process. Even in the absence of external influences, a quantifiable baseline level of oxidative DNA lesions persists due to the endogenous oxygen metabolism. Hence, the exposure to particles could overwhelm the capacity for repair. The stable DNA adducts induced by PAHs are addressed by nucleotide excision repair (NER), a process that is typically slower and unevenly distributed within the genome, potentially resulting in the accumulation of unrepaired damage. It is also essential to consider other factors such as the possible hindrance of repair processes due to PM-associated metal compounds. Consequently, the degree of DNA repair stands as a crucial determinant in the genotoxic and carcinogenic effects stemming from airborne particle-induced actions. Nonetheless, there remains a scarcity of comprehensive information concerning the influence of PM on DNA repair pathways. It remains unclear which pathways are most significantly affected by exposure to PM or whether DNA



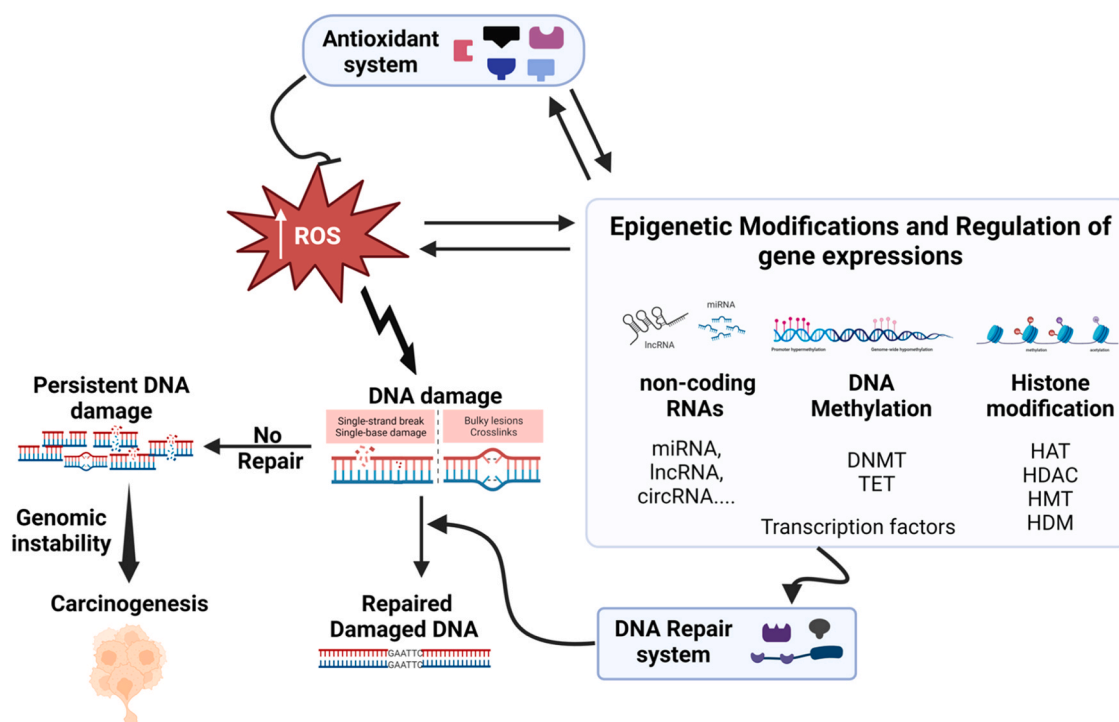
**Fig. 3.** Summary of the particulate matter-induced oxidative stress-related pathways described in the latest literature. Besides the direct effects on lipids, proteins and DNA, elevated ROS levels are involved in a multitude of complex pathways that lead to diverse outcomes (e.g. inflammation, tissue remodeling, autophagy), including different modes of cell death (e.g. ferroptosis, pyroptosis, apoptosis). Green for induced pathways, red for inhibited pathways. Created with BioRender.com. Abbreviations:  $\alpha$ -SMA: alpha smooth muscle actin; AKT: protein kinase B; AMPK: 5' adenosine monophosphate-activated protein kinase; ASC: Apoptosis-associated speck-like protein containing a caspase recruitment domain; ATF: activating transcription factor; ATG: autophagy-related; CD: cluster of differentiation; CHOP: CCAAT/enhancer-binding protein homologous protein; COX: cyclooxygenase; eIF: eukaryotic initiation factor; EMT: epithelial-mesenchymal transition; ERK: extracellular signal-regulated kinase; FOXO: forkhead box protein class O; FTH: ferritin heavy chain; GRP78/Bip: 78 kDa glucose-regulated protein/ binding immunoglobulin protein; GSDMD: gasdermin D; HO: heme oxygenase; IL: interleukin; IRE: inositol-requiring enzyme; JNK: c-Jun N-terminal kinases; LC3B: microtubule-associated proteins 1 light chain 3 beta; LOX: lipoxygenase; M2Pol: M2 macrophage polarization; MAPK: mitogen-activated protein kinase; miR: microRNA; MMP: matrix metalloproteinase; mTOR: mammalian target of rapamycin; NCOA: selective cargo receptor nuclear receptor coactivator; NF- $\kappa$ B: nuclear factor kappa B; NLRP3: nucleotide-binding oligomerization domain-like receptor pyrin domain-containing 3; NO: nitric oxide; NOX: NADPH oxidase; NQO1: NAD(P)H dehydrogenase (quinone); Nrf2: nuclear factor erythroid 2-related factor 2; PERK: protein kinase R-like endoplasmic reticulum kinase; PI3K: phosphatidylinositol 3-kinase; PM: particulate matter; PPAR: peroxisome proliferator-activated receptor; ROS: reactive oxygen species; Smad: mothers against decapentaplegic homolog; SOCS: suppressor of cytokine signaling; SOD: superoxide dismutase; STAT: signal transducer and activator of transcription; TGF: transforming growth factor; TNF: tumor necrosis factor; TRPM: transient receptor potential cation channel, subfamily M; TXNIP: thioredoxin-interacting protein; TXNRD1: thioredoxin reductase; VEGF: vascular endothelial growth factor; XO: xanthine oxidase.

damage is adequately addressed (Hartwig, 2002; Quezada-Maldonado et al., 2021).

ROS induce a range of DNA lesions, encompassing base modifications, sugar lesions, tandem and clustered lesions, single- and double-strand breaks, DNA-protein and DNA interstrand crosslinks. Using sensitive techniques, nearly 100 distinct lesions have been detected. Notably, common endogenous base modifications include 8-oxo-7, 8-dihydroguanine (8-oxoGua) and 2, 6-diamino-4-hydroxy-5-formamidopyrimidine, all originating from hydroxyl radical interactions at the C8 position of the guanine ring. The frequency of these lesions hinges on factors encompassing oxidative stress quality, level, and diverse contributors. The modifications in DNA prompted by 8-Oxo-2'-deoxyguanosine (8-oxodG) function as recognition sites for DNA glycosylases, which aid in detecting damaged guanine bases. Interestingly, the formation of FapydG—a prevalent guanine-derived lesion—is accentuated under low oxygen (hypoxia) conditions. Additionally, interactions between hydroxyl radicals and pyrimidines (thymine and cytosine) at the 5

or 6 positions of the ring culminate in various base lesions, including prominent products like thymine glycol and cytosine glycol. Evidently, 8-oxodG and thymine glycol stand as reliable markers of oxidative stress across diverse biological systems, ranging from bacteria to human cancer patients (Cadet et al., 2017; Hartwig, 2002; Kryston et al., 2011).

Our current focus revolves around examining research that substantiates oxidative DNA damage induced by PM, establishing a clear association with oxidative stress. This involves assessing biomarkers of oxidative DNA damage, such as 8-Hydroxy-2'-Deoxyguanosine (8-OHdG) or FapydG or expressions of genes involved in BER and NER in human lung, vascular and neuronal cell lines. Common techniques employed to detect such DNA damage include assessing strand breaks through simple or enzyme-modified comet assays, direct quantification of 8-OHdG using liquid chromatography/ mass spectrometry or enzyme-linked immunosorbent assay (ELISA) and evaluating phosphorylated H2A histone family member X ( $\gamma$ H2AX) expression through immunostaining. Significant oxidative DNA damage in BEAS-2B cells exposed to



**Fig. 4.** Interconnection between oxidative stress, antioxidant system, DNA damage repair, and epigenetic factors. It visually depicts the impact of oxidative stress on cellular components, the role of antioxidant systems and DNA repair mechanisms, and the bidirectional relationship between oxidative stress and epigenetic modifications in regulation cellular homeostasis. Created with BioRender.com. Abbreviations: circRNA: circular RNA; DNMT: DNA methyltransferases; HAT: Histone acetyltransferase; HDACs: Histone deacetylases; HDM: Histone demethylases; HMT: Histone methyltransferases; lncRNA: long-noncoding RNA; miRNA: microRNA; TET: ten-eleven translocation methylcytosine dioxygenases.

PM<sub>10</sub> from different sources in Flanders, Belgium, was attributed to variations in PM characteristics and metal compositions (Van Den Heuvel et al., 2016). A549 cells exposed to traffic-related PM demonstrated oxidative DNA damage, 8-OHdG, underscoring PM's impact on genetic integrity (Vattanasit et al., 2014). Exposure to PM<sub>2.5</sub> (collected from Beijing University of Technology, China) induced DNA damage and altered DNA repair gene expression in 16HBE cells (Niu et al., 2020). Overexpressing 8-Oxoguanine glycosylase (OGG1) in BEAS-2B cells counteracted PM<sub>2.5</sub>-induced disruptions, showcasing its potential protective role (Yang et al., 2015). PM<sub>10</sub> exposure led to PAH-DNA adducts and altered NER pathway components in A549 cells, linking PM-induced DNA damage to potential carcinogenesis (Quezada-Maldonado et al., 2022). Reference PM (urban dust standard reference material (SRM) 1649 and diesel PM SRM2975) samples elicited comparable oxidative DNA damage but differed in persistence and chromosomal instability, emphasizing the role of specific particle types (Cao et al., 2022). Interestingly, the diesel exhaust particles-induced oxidative DNA damage in A549 cells was attenuated by THP-1a macrophage co-culture (Jantzen et al., 2012). Wood smoke PM-induced dose-dependent DNA damage and oxidative stress in A549 cells were reported (Danielsen et al., 2011). Side stream smoke exposure increased ROS, triggering oxidative DNA damage in BEAS-2B cells; Endonuclease VIII-like 2 (NEIL2) knockdown intensified the damage (Sarker et al., 2014). DNA polymerase  $\beta$  played a crucial role in repairing oxidative DNA damage from CS (Cui et al., 2012). PM<sub>2.5</sub>-induced DNA damage and senescence in corneal epithelial cells was alleviated by ROS inhibition (Gao et al., 2016). N-acetylcysteine (NAC) prevented CS-induced double-strand breaks, while the glutathione synthesis inhibitor, DL-Buthionine-[S,R]-sulfoximin (BSO), exacerbated damage in A549 cells (Albino et al., 2006). In brief, in vitro studies highlight PM-induced oxidative DNA damage, underlining the need for comprehensive understanding to mitigate health risks linked to airborne PM exposure.

## 5. Oxidative stress and Carcinogenicity

Carcinogenesis refers to the disruption of normal cellular function caused by genomic instability, leading to uncontrolled cellular growth and the invasion of surrounding tissues, a process known as cellular transformation. This transformation of normal cells into malignant ones is a multi-stage process involving initiation, promotion, and progression (Hanahan and Weinberg, 2011). PM-mediated oxidative stress significantly contributes as a crucial driving force across the spectrum of cancer, spanning initiation, promotion, and progression stages (Santibáñez-Andrade et al., 2023).

Substances that disrupt pathways connected to cancer hallmarks are generally considered carcinogenic. In 2012, the International Agency for Research on Cancer identified ten key characteristics commonly shared among human carcinogens, including electrophilic behavior, genotoxicity, DNA repair alteration, epigenetic changes, oxidative stress induction, chronic inflammation, immunosuppression, receptor-mediated effects modulation, immortalization, and influence on cell proliferation, cell death, or nutrient supply (Smith et al., 2016). Airborne PM exhibits most, if not all, of these characteristics. For instance, diesel engine exhaust was classified as carcinogenic to humans (Group 1) and associated PAHs mixture components range from group 1 (carcinogenic to humans) to group 2B (possibly carcinogenic to humans).

Experimental evidence of PM-induced in vitro cell transformation demonstrated the carcinogenic potentiality of airborne PM. The long non-coding RNA (lncRNA) SOX2 overlapping transcript (SOX2-OT), microRNA (miR)-345-5p and epidermal growth factor receptor (EGFR) cascade drove HBE cell transformation by PM<sub>2.5</sub>, while lncRNA Nuclear paraspeckle assembly transcript 1 (NEAT1), miR-582-5p and hypoxia-inducible factor (HIF-1 $\alpha$ ) axis induced EMT and cancer stem cell traits in BEAS-2B cells following PM<sub>2.5</sub> exposure (Fu et al., 2021; Jiang et al., 2021). The carcinogenicity of CS is underscored by its ability to disrupt gene expression, impede DNA adduct repair, and inhibit apoptosis,

culminating in neoplastic transformation within BEAS-2B cells (Du et al., 2012). The intricate landscape of CS-induced carcinogenesis involves aberrant DNA methylation, encompassing global hypomethylation and gene-specific modifications, as key drivers in the malignant transformation of BEAS-2B cells (Huang et al., 2017). In vitro models of CS-induced BEAS-2B cell transformation revealed that RNA-binding motif protein 5 (RBM5) overexpression curbs the growth of these transformed cells by imposing cell cycle arrest and apoptosis (Lv et al., 2016). Additionally, prolonged CS exposure amplified miR-200b levels, instigating BEAS-2B cell migration through targeted E26 transformation-specific sequence-1 (ETS1) modulation (J. Wang et al., 2021). In the realm of human bronchial epithelial cells (HBEC), a convergence of factors underscores CS-induced malignancy. The lncRNA HOX transcript antisense RNA (HOTAIR) emerged as a pivotal nexus linking inflammation, EMT, and lung carcinogenesis (Liu et al., 2015). In a parallel line, miR-217 orchestrated the regulation of enhancer of zeste 2 polycomb repressive complex 2 subunit (EZH2) and in turn the tri-methylation of lysine 27 on histone H3 protein (H3K27me3) via the lncRNA metastasis associated in lung adenocarcinoma transcript 1 (MALAT1), further contributing to the intricate network governing CS-induced malignancy (Lu et al., 2015). Furthermore, the orchestrated interplay of miR-218, lncRNA colon cancer-associated transcript-1 (CCAT1), and B lymphoma Mo-MLV insertion region 1 homolog (BMI1) proto-oncogene polycomb ring finger exerted its influence, propelling a distinct cell cycle transition in the context of CS extract-induced malignancy within HBE cells (Lu et al., 2016). These in vitro-based findings collectively illuminate the intricate mechanisms underpinning CS-induced malignancy.

## 6. Oxidative stress and Epigenetics interplay

The interplay between oxidative stress (i.e., ROS), and various epigenetic factors is a complex and dynamic process that significantly influences cellular functions, development, and disease progression. Epigenetic mechanisms, involving DNA methylation, histone modifications, and non-coding RNAs (miRNAs, lncRNAs, circRNAs), interact with ROS to shape gene expression, driving phenotypic variation beyond the DNA sequence. ROS can directly oxidize DNA bases, such as cytosine and guanosine, leading to the formation of oxidized DNA lesions. These lesions, including 5-hydroxymethylcytosine (5hmC) derived from 5-methylcytosine (5mC), can interfere with DNA methylation inheritance and affect the binding of DNA methyltransferases (DNMTs). Indirectly, ROS can affect DNA methylation by acting on either activity or expression of DNMTs and ten-eleven translocation methylcytosine dioxygenases (TETs) enzymes. On the other hand, DNA methylation can influence ROS homeostasis through epigenetic activation or silencing of pivotal genes, such as NOX, involved in ROS regulation. This regulation can occur via hypo- or hypermethylation of their promoter regions. Thus, ROS play a critical role in modulating DNA methylation which leads to the disruptions in gene silencing and activation (Bhat et al., 2018; Hayes and Knaus, 2013; Kietzmann et al., 2017). ROS directly influence histone modifications, affecting chromatin structure and gene expression. ROS-induced oxidative stress can modify histone proteins, including H1, H2B, and H3, through processes like nitration and oxidation. These modifications can alter the chromatin architecture and accessibility, ultimately influencing gene transcription. Additionally, ROS-sensitive histone-modifying enzymes, dependent on metabolites such as acetyl-CoA, ketoglutarate, NAD<sup>+</sup>, and S-adenosylmethionine, establish a critical link between cellular metabolism and epigenetic changes. This dynamic balance between activating marks (e.g., di/tri-methylation of lysine 4 on histone H3 protein, or H3K4me2/3) and repressive marks (e.g., di/tri-methylation of lysine 9 on histone H3 protein, or H3K9me2/3, tri-methylation of lysine 27 on histone H3 protein, or H3K27me3) can be modulated by ROS, impacting gene expression (Guillaumet-Adkins et al., 2017). The interplay between ROS and non-coding RNAs, particularly miRNAs, adds another layer to the

regulatory network. ROS-responsive miRNAs play a pivotal role in fine-tuning cellular ROS levels by targeting genes involved in ROS production and scavenging. Conversely, miRNAs that regulate ROS-related pathways can modulate redox homeostasis. Furthermore, ROS can influence the expression of non-coding RNAs through the activation of ROS-sensitive transcription factors, creating a feedback loop between ROS and miRNA-mediated gene regulation (He and Jiang, 2016; Lin, 2019). In summary, the intricate interplay between ROS and epigenetic factors forms a bidirectional regulatory loop. ROS influence epigenetic modifications, and epigenetic mechanisms modulate ROS-related pathways. This dynamic interplay impacts gene expression, cellular responses, and disease progression.

Evidences suggest PM-induced oxidative stress caused epigenetics modification in the in vitro system. The exposure to both inhaled and non-inhaled PM samples (PM<sub>2.5</sub>: SRM1650b, PM<sub>10</sub>: ERM-CZ100 and ERM-CZ120, and PM<sub>10</sub>-PAH) triggered DNA hypomethylation in normal human bronchial epithelial cells (NHBE) and epidermal keratinocytes (NHEK). Interestingly, NHBE cells exposed to PM<sub>10</sub>-PAH and NHEK cells exposed to PM<sub>10</sub> exhibited a more pronounced hypomethylation of repetitive transposable element *Alu* and long interspersed nuclear elements 1 (*LINE1*), showcasing differential susceptibility (Lee et al., 2022b). In a separate context, the treatment of 16HBE cells with PM<sub>2.5</sub> (collected from Shijiazhuang, Hebei province, China), revealed specific m<sup>6</sup>A-modified sites on Nrf2 messenger RNA (mRNA), located relative to the three prime untranslated region (3'UTR)'s first nucleotide. Furthermore, the YTH N6-methyladenosine RNA binding protein F1 (YTHDF1) and the insulin like growth factor 2 mRNA binding protein 1 (IGF2BP1) interact with m<sup>6</sup>A sites on Nrf2 mRNA, thereby facilitating Nrf2 translation, which plays a role in mitigating oxidative stress induced by PM<sub>2.5</sub> exposure (Ji et al., 2023). PM<sub>2.5</sub> (collected at Chongqing south road, China) instigated a significant redox imbalance within cellular environments, leading to the depletion of the intracellular methyl donor S-adenosylmethionine. This depletion triggered widespread DNA hypomethylation in the human neuroblastoma SH-SY5Y cell line. Furthermore, PM<sub>2.5</sub> exposure disrupted gene-specific promoter DNA methylation patterns, resulting in the abnormal mRNA expression of candidate genes associated with autism. Notably, the phenomenon of PM<sub>2.5</sub>-induced DNA hypermethylation within gene promoters related to synapses correlated with diminished mRNA and protein expression levels. The intriguing aspect of this interplay is underscored by interventions involving antioxidative reagents, a methylation-supporting agent, and a DNA methyltransferase inhibitor. These interventions highlight the intricate collaboration between redox and methylation mechanisms, contributing to the emergence of abnormal DNA methylation patterns and altered expression of synaptic proteins (Wei et al., 2016). In a related study, the significance of oxidative stress-mediated abnormal DNA hydroxymethylation in neuronal impairments induced by the same PM<sub>2.5</sub> exposure became evident. Using the SH-SY5Y cell line, both PM<sub>2.5</sub> and its organic extracts triggered a notable increase in global DNA hydroxymethylation and gene-specific DNA hydroxymethylation, particularly within neuronal genes. This perturbation in DNA hydroxymethylation patterns has detrimental effects on mRNA expression. Notably, the compelling aspect emerged when antioxidants, such as NAC and GSH, were employed. Their use validated the role of oxidative stress-induced hydroxymethylation abnormalities in the context of PM<sub>2.5</sub>-induced deficiencies in neurite outgrowth and synapse formation (Wei et al., 2017). Exposure of human keratinocytes (HaCaT and HEK100) to diesel PM<sub>2.5</sub> (SRM1650b), triggered skin senescence by orchestrating ROS-mediated epigenetic alterations that impact the expression of the senescence-associated gene, p16<sup>INK4A</sup>. Extensive analysis of epigenetic markers revealed reduced DNMT activity, increased TET activity, decreased EZH2 histone methyltransferase activity, and elevated expression of the epigenetic transcriptional activator mixed-lineage leukemia 1 (MLL1). Consequently, interactions of DNMT1, DNMT3B, and EZH2 with the p16<sup>INK4A</sup> promoter were reduced, while TET1 and MLL1 binding was enhanced. These changes led to

decreased histone H3 lysine 27 trimethylation (H3K27Me3), heightened H3 lysine 4 trimethylation (H3K4Me3), and DNA hypomethylation in the p16<sup>INK4A</sup> promoter region. Significantly, the ROS-scavenger NAC effectively mitigated cellular senescence by modulating these epigenetic modifications (Ryu et al., 2019). Exposure of A549 cells to PM<sub>10</sub> (collected from Marylebone and Bloomsbury in London, UK) led to increased activity of histone acetyltransferases (HATs) and elevated levels of acetylated histone 4 (H4). PM<sub>10</sub>-induced enhancement of H4 acetylation was linked to oxidative stress, as demonstrated by inhibition using thiol antioxidants (NAC and mannitol). Notably, PM<sub>10</sub>-mediated acetylation of H4 occurred in the promoter region of the IL-8 gene, highlighting the role of histone acetylation-mediated chromatin remodeling in the lung's response to PM<sub>10</sub> exposure (Gilmour et al., 2003). The long noncoding RNA, lnc-IL7R, demonstrated an intriguing connection, exhibiting an inverse relationship with both emphysema and exposure to PM<sub>2.5</sub>. Upon exposure to PM<sub>2.5</sub> (SRM1650b), normal lung epithelial cells (HSAEpCs and BEAS-2B) exhibited heightened expression of lnc-IL7R along with increased ROS levels. Additionally, a mechanistic insight emerged, revealing epigenetic modulation through EZH2-mediated recruitment of H3K27me3, H3K9me3, and acetylation of lysine 9 on histone H3 protein (H3K9ac). This mechanism highlighted how lnc-IL7R orchestrates the regulation of PM<sub>2.5</sub>-induced cell senescence genes, particularly p21<sup>CIP1/WAF1</sup> (Lee et al., 2022c). Functional genetics studies have provided compelling evidence for the critical role of the lncRNA long intergenic non-protein coding RNA 1515 (linc01515) in PM<sub>2.5</sub>-induced oxidative stress (ROS and malondialdehyde (MDA) level, SOD enzyme activity, etc.) in both HBEC and BEAS-2B cells. Intriguingly, the enrichment level of m<sup>6</sup>A on linc01515 was found to increase after exposure to PM<sub>2.5</sub>, subsequently leading to the upregulation of Nrf2. The PM<sub>2.5</sub> treatment may enhance the expression of linc01515 through augmented m<sup>6</sup>A modification, thereby influencing Nrf2 regulation and inducing oxidative damage in airway epithelial cells (Wang et al., 2023b). The initiation of oxidative stress mediates the PM<sub>2.5</sub>-activated inflammatory response in human bronchial epithelial cells (16HBE), facilitated by the novel circRNA circ\_0008553 (Wang et al., 2023a). Several circRNA-miRNA-mRNA axes have been identified that promote apoptosis, inflammation, and oxidative stress in human pulmonary microvascular endothelial cells (HPMECs), BEAS-2B cells, and 16HBE cells exposed to CSE. These include hsa\_circ\_0006872/miR-145-5p/NF-κB (Xue et al., 2021a), circ\_0006892/miR-24/ H domain and leucine rich repeat protein phosphatase 2 (PHLPP2) (Zhang et al., 2022), LINC00612/-miR-31-5p/Notch1 (Luo et al., 2020), Circ-RBMS1/miR-197-3p/ F-box protein 11 (FBXO11) (Qiao et al., 2021), and circANKRD11/-miR-145-5p/bromodomain containing 4 (BRD4) (Wang et al., 2021), circ-HACE1/miR-485-3p/ toll like receptor 4 (TLR4) (Zhou et al., 2021). The miRNA let-7a plays a pivotal role in counteracting oxidative stress by directly regulating arginase 2 (ARG2) mRNA expression levels. BEAS-2B cells exposure to PM<sub>2.5</sub> led to decreased let-7a miRNA levels, resulting in increased ARG2 expression and heightened oxidative stress, as indicated by elevated ROS, MDA, and SOD activity levels (Song et al., 2016). Moreover, exposure to PM<sub>2.5</sub> reduced miR-331 expression via the ROS/phosphatidylinositol 3-kinase/protein kinase B (ROS/PI3K/AKT) pathway, subsequently increasing the expression of inhibitor of nuclear factor kappa-B kinase subunit beta (IKK-β) and sustaining NF-κB activation in BEAS-2B cells (Song et al., 2017). The miR-486 counteracted PM<sub>2.5</sub>-induced apoptosis and oxidative stress by targeting phosphatase and tensin homolog (PTEN) and forkhead box O1 (FOXO1) (Li et al., 2018), while exposure to PM<sub>2.5</sub> in A549 cells increased DNA damage response-related miRNAs (miR-222, miR-210, miR-101, miR-34a, and miR-93). Taken together, the diverse array of in vitro studies outlined here underscores the intricate interplay between epigenetic alterations and the detrimental effects induced by PM exposure, shedding light on the complex mechanisms through which PM impacts cellular function and health.

## 7. Antioxidant approaches against PM-induced oxidative stress

Antioxidants are compounds that can prevent or delay the oxidation of a substrate. For a long time, antioxidants were thought to act by directly scavenging free radicals, but the short half-life of free radicals kinetically restrict the effectiveness of this mechanism (Hrelia and Angeloni, 2021). Many antioxidants trigger the adaptive response to oxidative stress by activating the Nrf2 signaling pathway, which results in up-regulation of the endogenous antioxidant systems. Some poly-phenols can down-regulate PI3K/AKT, activate the 5' adenosine monophosphate-activated protein kinase (AMPK) and sirtuins, or impair NF-κB signaling (Hunyadi, 2019). Interestingly, all of these pathways are suspected to be involved in some PM-induced oxidative stress-related effects (Table 2). Others act by generating bioactive metabolites (Hunyadi, 2019). Besides their pharmacological and therapeutic relevance, antioxidant compounds are also a useful tool to establish the mechanistic dependence of a specific pathway on ROS production. In this section, approaches whose antioxidant activity prevented PM-induced oxidative stress in vitro in recent years will be addressed, grouped according to their origin. For some of these, their in vitro antioxidant activity is supported by in vivo data (see Table S1).

### 7.1. Antioxidants based on synthetic drugs

N-acetylcysteine (NAC), a pro-drug of the GSH precursor, L-cysteine, is by far the most often referred to antioxidant in recent literature (see Table S1). NAC is used medically to relieve mucus production and to fight acetaminophen overdose, and has been used preclinically to underpin the relationship between PM-induced ROS generation and inflammation (Wang et al., 2022b), autophagy regulation (Bagam et al., 2021; Zhang et al., 2021), ER stress (Guan et al., 2021), cell senescence (Baskara et al., 2020), M2 macrophage polarization (Liu et al., 2022a), EMT promotion (Chen et al., 2020), ROS-mediated epigenetic alterations (Gilmour et al., 2003; Wei et al., 2017), as well as apoptosis and pyroptosis (Ren et al., 2022). Therefore, NAC has been a key tool to study the oxidative stress-related effects induced by PM.

The free radical scavenger edaravone protected HBECs against PM-induced ROS generation, mitochondrial dysfunction and inflammation via downregulation of NF-κB (Zeng et al., 2022). The anti-inflammatory drug methylprednisolone is widely used to treat lung inflammatory diseases, such as chronic obstructive pulmonary disease. Interestingly, besides reducing the inflammatory response, methylprednisolone has been shown to restore the redox homeostasis and prevent excessive apoptosis in CS-exposed epithelial cells, with involvement of the AMPK pathway (Yu and Zhang, 2022). Targeting the mitochondria, where it reinstates mitochondria membrane potential, the antioxidant drug SS-31 has shown potential to alleviate CS-induced ROS-mediated toxicity in epithelial cells (Yang et al., 2021). SS-31 attenuated the CS-induced activation of the p38 mitogen-activated protein kinase (MAPK) pathway, which has implications in the regulation of pro-oxidative enzymes and NF-κB activity.

### 7.2. Antioxidants extracted from plants or algae

There are many algae or plant-derived compounds that have been tested as antioxidants in PM-induced oxidative stress. This is, indeed, one of the classes of compounds most explored for this purpose, taking advantage of the intrinsic properties of naturally occurring chemicals. Classical examples are the flavonoid quercetin and the alkaloid piperine, that have reversed the oxidative stress and inflammation induced by PM in lung cells and macrophages (Lee et al., 2022a; Saha et al., 2022; da Silva Araújo et al., 2020). Also, sulfuraphane, a compound found in cruciferous vegetables, and its primary metabolite sulfuraphane N-acetylcysteine, have been described as cytoprotective chemicals due to their antioxidant, anti-inflammatory and anti-apoptotic properties. Accordingly, they have been found to protect BEAS-2B cells against CS-induced

oxidative stress and inflammation by promoting the Nrf2 pathway (Son et al., 2020). Ephedrine (an alkaloid), (-)-epicatechin and biochanin A (flavonoids), Paeoniflorin (a monoterpenoid glycoside) and glycyrrhizin (a saponin) proved to have similar Nrf2 induction activity that prevented the PM-induced cytotoxic effects in bronchial and alveolar epithelial cells (Shi et al., 2023; Tian et al., 2021; Wang et al., 2022a; Xue et al., 2021b; Zhou et al., 2024). The green tea derived polyphenols gallic acid and epigallocatechin gallate have demonstrated their antioxidant activity to block PM-induced oxidative potential in vitro, possibly by inhibiting the AKT/ mammalian target of rapamycin (AKT/mTOR) pathway, therefore alleviating oxidative stress and EMT induced by PM (Tanaka et al., 2022; Zhongyin et al., 2022). Treatment with antioxidants based on traditional Chinese and Northeast Asian medicine, such as Tiaobu Feishen formulae, effective-component compatibility of Bufe Yishen formula (ECC-BYF), and *Citrus junos* peel extracts have also shown to be effective in minimizing PM-induced oxidative stress (Haoran et al., 2020; Lee et al., 2022a; Li et al., 2021). It has been suggested that ECC-BYF is able to downregulate the FOXO3a modulator miR-155, leading to FOXO3a upregulation and, consequently, decreased ROS production (Li et al., 2021). Also acting on miRNAs, the natural antioxidant morin, a flavonoid isolated from the Moraceae plants family, has demonstrated activity against PM<sub>2.5</sub>-induced toxicity, as it decreased the expression of DNA damage-related miRNAs (Veerappan et al., 2019). Likewise, andrographolide, a diterpenoid lactone isolated from *Andrographis paniculata*, has been shown to mitigate CS-induced inflammation in A549 cells via upregulation of miR-218, which in turn inhibited NF- $\kappa$ B activation (Li et al., 2013).

Both vitamin C (ascorbic acid) and hesperidin are compounds found in citrus fruits which are recognized for their antioxidant activity. Extended PM exposure triggered DNA damage and senescence in human lung fibroblasts, which was countered by vitamin C (Jin et al., 2023), while hesperidin mitigated DNA damage, cell cycle arrest, and senescence in human keratinocytes (Herath et al., 2022). Similar ability to reverse the oxidative DNA damage induced by PM has been reported for Apo-9'-fucoxanthinone (Jang et al., 2016), and the ethanolic extract *Cornus officinalis* fruit, also known as Japanese cornelian cherry (Fernando et al., 2020). Interestingly, the latter was similarly able to revoke the direct effects of PM<sub>2.5</sub>-induced ROS on lipids (lipid peroxidation) and proteins (protein carbonylation). Also, Vitamin E ( $\alpha$ -tocopherol) has demonstrated success in reversing oxidative stress induced by PM derived from plastic incineration in upper airways cell lines and primary cells (Rogers et al., 2024).

### 7.3. Antioxidants based on endogenous molecules

Fibroblast growth factor 10 (FGF10) is an endogenous paracrine signaling molecule that has a role in the maintenance of lung homeostasis, as well as epithelial regeneration and repair. Exogenous FGF10 has also demonstrated to protect against lung injury, and in vitro works on bronchial epithelial cells exposed to PM have confirmed that FGF10 triggered Nrf2 induction (Liu et al., 2022b), as well as NF- $\kappa$ B down-regulation (Wang et al., 2022b), resulting in antioxidant and anti-inflammatory activities. The amino acid proline is yet another endogenous molecule that has recently been studied in the context of PM-induced oxidative stress, due to its inherent broad antioxidant profile. Proline supplementation prevented PM-induced DNA damage in epithelial cells, emphasizing that proline supplementation as an antioxidant approach merits further investigation in future works (Barzgar et al., 2023). The natural compound melatonin protected CS-exposed human lung cells against ER-stress-induced inflammasome activation and death, but it could only partially reverse the oxidative stress comparatively to NAC (Mahalanobish et al., 2020). Being one of the main endogenous antioxidant molecules, GSH could reverse the PM<sub>2.5</sub>-induced increase in global DNA hydroxymethylation and TET1 mRNA expression, while also preventing G2/M cell cycle arrest and cell apoptosis in SH-SY5Y cells (Wei et al., 2017).

Despite its well-known toxicity, H<sub>2</sub>S has been described as potentially protective against oxidative damage by activating the Nrf2/PPAR- $\gamma$  axis and inhibiting the selective cargo receptor nuclear receptor coactivator (NCOA4)-mediated ferritinophagy, which resulted in decreased lipid peroxidation, therefore blocking ferroptosis in epithelial cells (Wang et al., 2022c). However, in another study, the same molecule failed to overcome the inflammatory potential of PM in the same cell line (Shrestha et al., 2021).

### 7.4. New antioxidant approaches

On an interesting final note, the use of adipose mesenchymal stem cells-derived extracellular vesicles (ADSC-EVs) as potential antioxidants has been explored in recent works (Gao et al., 2021). The results showed decreased ROS and apoptosis and favored M2 macrophage phenotype when PM-exposed rat epithelial cells and macrophages were treated with ADSC-EVs, which supports their antioxidant and anti-inflammatory properties.

Despite the abundant literature on the antioxidant activity of many different compounds, the exact mechanism by which they exert their antioxidant activity is not always studied in detail and mostly assumed to be a general one. Moreover, the antioxidant effects mentioned in this section were studied in in vitro settings and a translation to the human in vivo context is usually not direct due to bioavailability issues, interaction with gut microbiota, or metabolic transformations (Hrelia and Angeloni, 2021). Regardless of the advancements, the quest for safe and effective antioxidants that can be therapeutically used still persists. The main mechanisms by which antioxidant compounds prevent the PM-induced oxidative stress-related toxicity are summarized in Fig. 5.

## 8. Perspectives and conclusions

Significant steps have been made in recent years advancing the understanding of the detrimental consequences associated with inhaling PM. Particularly, the significance of OP has emerged as a robust indicator for predicting the potential toxicity of PM (Campbell et al., 2021). Innovative technologies capable of real-time assessment of the OP of PM carry substantial promise. If generally adopted, this progress would introduce an additional layer of protection for the population, not only enabling prompt assessment of how regulatory adjustments, which should include the evaluation of the OP, could rapidly influence air quality, but also providing real-time information to the population about the OP of the airborne particles.

Regarding the oxidative stress that is triggered in cellular models, it is interesting to notice that most studies still use conventional mono-cultures, which are known to have many limitations, such as lack of tissue complexity, absence of organ-organ interaction, among others. This is surprising, considering the current availability of complex advanced models of the lung. Besides being physiologically more relevant, these advanced models can be cultivated for longer periods, allowing repeated exposures to lower concentrations of PM, therefore allowing to recreate more realistic scenarios. Also, most exposures were performed in submerged conditions, with only 2 out of 60 studies described in Table 2 daring to perform air-liquid interface or aerosolized exposures (Upadhyay et al., 2022; Xiong et al., 2021). To advance the field, more studies are needed on human-based realistic models that test real-case scenarios, such as exposure to environmental conditions (Gualtieri et al., 2018). Even though many of the mechanisms discussed in this review have been confirmed in vivo (Table S1), the understanding we have now on how PM triggers oxidative stress may have significant adjustments in the future with the advancement of the existing complex human-based models. Considering the intricacies of the PM-induced oxidative stress-related effects highlighted in this work (Fig. 3), we advocate for multiplex approaches including real-time and high-throughput analysis of a broader panel of biomarkers covering multiple pathways. The same concept applies to DNA damage-repair,

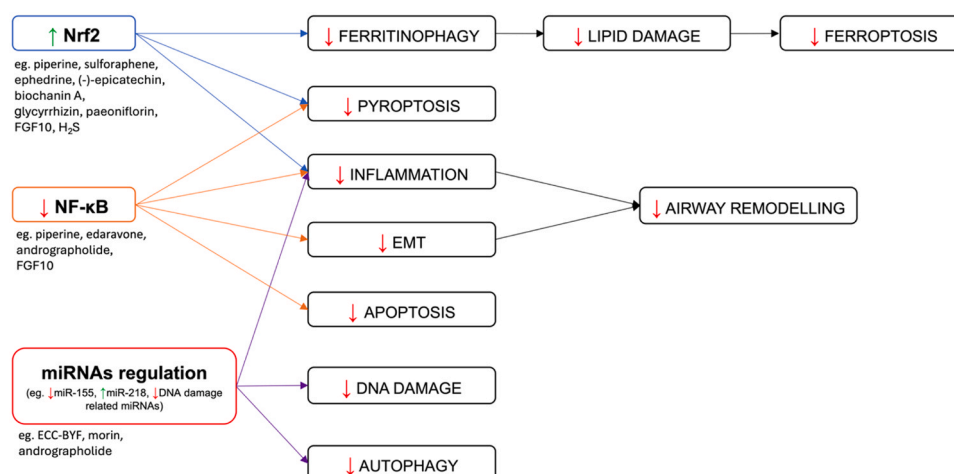


Fig. 5. Main mechanisms by which antioxidant compounds prevent the PM-induced oxidative stress-related toxicity.

carcinogenicity, and epigenetic effects (Fig. 4).

Finally, there is continuous interest in testing antioxidants from sources related to diet, with in vitro tests demonstrating their ability to prevent or mitigate the oxidative effects triggered by PM (Fig. 5). Many of the studies herein discussed have performed parallel tests in animal models mostly confirming the in vitro results (Table S1). More studies are required to understand the full potential of dietary supplements or increased consumption of antioxidant-rich food as effective and safe prophylactic actions.

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## CRedit authorship contribution statement

**Andreia Carvalho:** Writing – original draft. **Nivedita Chatterjee:** Writing – review & editing, Writing – original draft, Conceptualization. **Ernesto Alfaro-Moreno:** Writing – review & editing, Writing – original draft, Funding acquisition, Conceptualization. **Vânia Vilas-Boas:** Writing – review & editing, Writing – original draft, Conceptualization.

## Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Data Availability

No data was used for the research described in the article.

## Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.etap.2024.104529](https://doi.org/10.1016/j.etap.2024.104529).

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